

Elementary and Middle Schools

October

2016	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
October 3-7	3 Breakfast Gingerbread Cutout Applesauce & Juice Lunch Pepperoni Pizza Lettuce & Tomato Salad Tropical Twist Juice Mandarin Oranges	4 Breakfast Potato/Chorizo w/Tortilla Chilled Peaches & Juice Lunch Tacos al Pastor Charro Beans Lettuce & Tomato Fresh Apple	5 Breakfast Cereal & Cheese Stick Craisins & Sidekick Lunch Boneless Buffalo Wings Curly Fries Baby Carrots Chilled Apricots Texas Toast	6 Breakfast Waffles and Sausage Diced Pears & Juice Lunch Chicken Fajitas Summer Squash Home Style Pintos Fresh Pear Wheat Tortilla	7 Breakfast Menudo w/Francesito Mandarin Orange & Juice Lunch Ham/Cheese Sandwich w/Fixings Baked fries Pineapple Tidbits
October 10-14	10 Breakfast Breakfast Pizza Pineapple Tidbits & Juice Lunch Chicken Nuggets Mashed Potatoes Seasoned Green Beans Fresh Orange Wheat Roll	11 Breakfast Egg/Chorizo w/Tortilla Applesauce & Juice Lunch Teriyaki Chicken Brown Rice Steamed Broccoli Baby Carrots Fresh Pear	12 Breakfast Muffin and Cereal Mandarin Orange & Juice Lunch Rolled Tacos Lettuce/Tomato Salad Baked Fries Fresh Orange	13 Breakfast Cinnamon Roll Diced Pears & Juice Lunch Nachos Supreme Home Style Pintos Seasoned Corn Pineapple Tidbits	14 Breakfast French Toast w/Syrup Mixed Fruit & Sidekick Lunch Cheeseburger w/Fixings Baked Fries Fresh Apple
October 17-21	17 Breakfast Graham Crackers, Cereal Pineapple Tidbits & Juice Lunch Taco salad Seasoned Pintos Salsa Craisins	18 Breakfast Scrambled Eggs Hash Browns, Toast Diced Pears & Juice Lunch Spaghetti w/Meat Sauce Baby Carrots Cucumber w/Lemon Chilled Mixed Fruit Garlic Roll	19 Breakfast Waffles & Sausage Applesauce & Sidekick Lunch Chicken Tenders Lettuce/Tomato Salad Power Punch Juice Fresh Apple	20 Breakfast Crumble Cake Diced Pears & Juice Lunch Pizza Pocket Lettuce & Tomato Salad Baby Carrots Mandarin Oranges	21 Breakfast Yogurt & Cereal Chilled Apricots & Juice Lunch Bacon Cheese Burger w/ Fixings Baked Fries Diced Peaches
October 24-28	24 Breakfast Breakfast Pizza Craisins & Juice Lunch Tangerine Chicken Brown Rice Carrot Coins Tropical Twist Juice Fresh Orange	25 Breakfast Home-style Pancakes Diced Peaches & Juice Lunch Stuffed Bread Sticks w/Marinara Sauce Broccoli w/Cheese Seasoned Corn Mandarin Orange	26 Breakfast Sausage Biscuit Chilled Apricot & Juice Lunch Pork in Red Chili Sauce Garden Salad Seasoned Pintos Diced Pears Wheat Tortilla	27 Breakfast Breakfast Pastry Pineapple Tidbits & Juice Lunch Baked Chicken Ranch Style Beans Mixed Vegetables Fresh Apple Wheat Roll	28 Breakfast Bean/Cheese Burrito Mixed Fruit & Sidekick Lunch Hot Dog Chili Beans Baked Fries Baby Carrots Diced Pears
Oct. 31 - Nov. 4	31 Breakfast Pop Tart & Cereal Applesauce & Juice Lunch Pizza Lettuce/Tomato Salad Seasoned Corn Fresh Apple	November 1 Breakfast Potato/Chorizo w/Tortilla Mixed Fruit & Juice Lunch Chicken Tacos Lettuce/Tomato Salad Seasoned Pintos Mexican Macaroni Fresh Orange	November 2 Breakfast Egg/Bacon Burrito Pineapple Tidbits & Juice Lunch Popcorn Chicken Baked Tater Tots Power Punch Juice Mandarin Orange	November 3 Breakfast French Toast w/Syrup Diced Peaches & Juice Lunch Red Enchiladas Lettuce and Tomato Salad Refried Pintos Fresh Pear	November 4 Breakfast Menudo w/Francesito Diced Pears & Juice Lunch Chicken Burger w/Fixings Baby Carrots Curly Fries Fresh Apple

Daily Milk Offerings

A variety of milk is offered with all meals
 Unflavored 1%
 Fat-Free Chocolate
 Fat-Free Strawberry

Daily Breakfast Options

Cereal and Toast are available every day
 100% Juice or Fruit is offered every day